



Unlocking the Power of Conversation: Exploring Clinical Trials with Your Family

Deciding to join a clinical trial is a big decision that can have a major impact on your health and the well-being of yourself and your family. Involving your family in the decision for you to join a trial can help you feel supported and can help provide a sense of shared responsibility. Open conversation and sharing information can help make you and your family feel empowered to make this decision together! Think about these things when you discuss clinical trial participation with your family:

01

Share Your Motivation:

Explain why you are considering a clinical trial. Talk about your hopes, your expectations, and what kind of benefits you might receive if you participate in a trial.

02

Explore Benefits and Risks:

Discuss both the potential benefits as well as the potential risks that are involved with participating in a trial.

03

Talk About Study Procedures:

Explain to your family the types of testing or activities that you will need to do while you are involved with the trial.

04

Discuss Financial Considerations:

Talk about how joining a trial affects financial considerations, such as treatment costs, insurance coverage, and compensation for trial participation.

05

Understand Treatment Comparison:

Discuss the potential differences between your current treatment and the treatments that you may receive if you participate in a trial.

06

Talk About Placebo or Control Groups:

Explain to your family that you will still receive treatment while you are on the trial, whether you are in the group that receives the treatment being studied or if you are in the placebo or control group.

Remember, involving your family in discussions about clinical trials can help build understanding and support. Together, you can take on this journey and feel like you're able to make smart, informed decisions that are good for your health and well-being.

Q: "Aliya, what's the one word you think of when you hear about clinical trials?"

A: "HOPE"



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